

Shenley Fields Daycare & Nursery School Woodcock Lane, Northfield, Birmingham, B31 1BU Tel: 0121 675 3065 Email: <u>enquiry@shnlyfld.bham.sch.uk</u> Executive Head Teacher: David Aldworth

Dear Parent/Carers,

In response to children's interest in the outdoor environment we have planned forest school sessions for you to join in with at Woodgate Valley Country Park.

Visits will take place on: Tuesday 6th June, Thursday 8<sup>th</sup> June, Tuesday13th June and Friday 16th June 2023. These sessions will start at 9.30am and finish at 10.30am. Our forest school leaders will meet families at the park area next to the visitors centre. Your child must be accompanied by an adult and will remain your responsibility throughout the visit.

The Forest School approach is about using the outdoors and natural surroundings to have fun and learn. It is about using the outdoors to encourage and inspire children through positive experiences. Forest School gives children the opportunity to explore nature and the outdoors and helps build confidence and self- esteem, extend their language and develop creative imagination using all their senses. Forest School activities also benefit children with confidence building, communication and behaviour management. Forest school helps children develop a greater appreciation for nature and helps them to learn about what we need to do to protect it.

Shenley Fields will provide wet suites, wellies, sun hats, healthy snack and forest school tools and equipment. Below are some of the things your child will need to bring:

- Prescribed medication e.g. inhaler, allergy medicine (Piriton)
- Sturdy foot ware
- Sunscreen

If you would like to attend a forest school session with your child please ask at reception. For further information please speak to Sallyanne Bromley or Louise Shepherd.

irmingham City Council

Many Thanks



